Duality Negative Words

Vulnerability: The sensation of being capable of harm or loss.
Doubt: The cognitive space between "knowing all" and having to choose without certainty.
Hunger and Thirst: The physical drive of lack that necessitates an action to achieve "fullness."
Grief: The experience of a temporary severance from what is loved, which defines the value of the bond.
Physical Pain: The biological alarm system that creates a "negative" sensation to protect the vessel.
Surprise: The emotional reaction to an outcome that was not previously seen or expected.
Regret: The "backwards-looking" weight of a choice made through free will that yielded a negative result.
Perseverance: The act of continuing a task when the "flesh" is tired or the spirit feels discouraged.
Fear: The instinctual response to a perceived threat to the individual's ego or survival.
Forgiveness: An experience that requires a prior "wrong" or "injury" to exist; it is the active restoration of love.
Loneliness: The illusion of being a "closed system" or separate from the whole.
Relief: The specific joy felt when a "negative" state (like pain or anxiety) is suddenly removed.
Bravery: A state that cannot exist in perfection because it requires the presence of fear and the possibility of failure.
Linear Time: The experience of "waiting" or "anticipation," which doesn't exist in an eternal, all-knowing state.
Temptation: The internal friction between a lower impulse and a higher moral choice.
Sacrifice: Giving up a finite resource (like time or life) for the sake of another.

MJI (LightWorker)